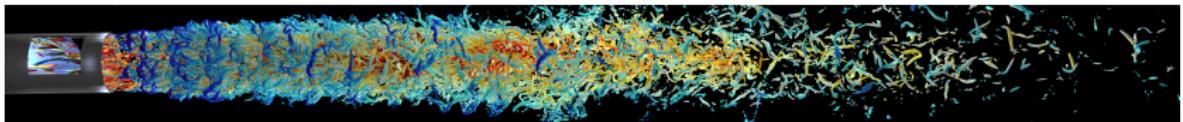


# Two dimensional Turbulence



**Alexandros ALEXAKIS**

[alexakis@phys.ens.fr](mailto:alexakis@phys.ens.fr)

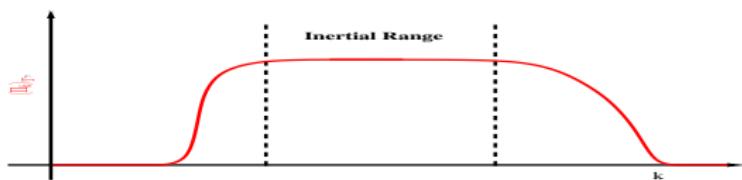
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# Three dimensional turbulence

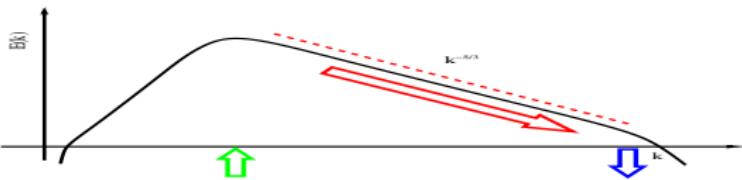
- Vorticity stretching



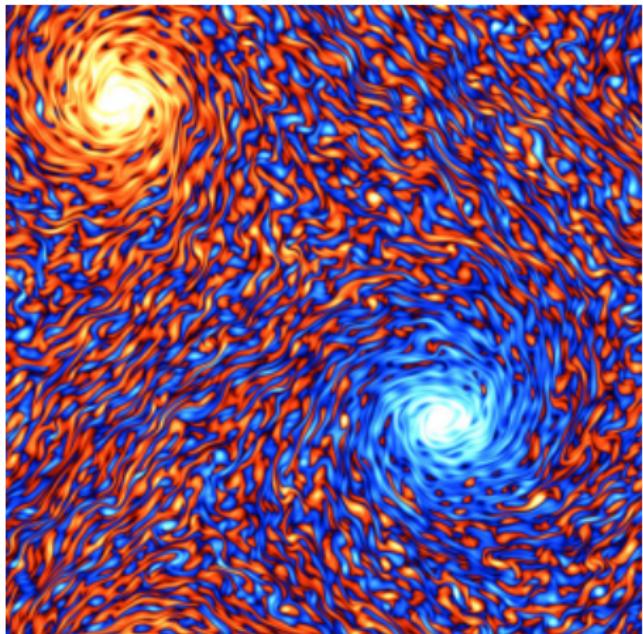
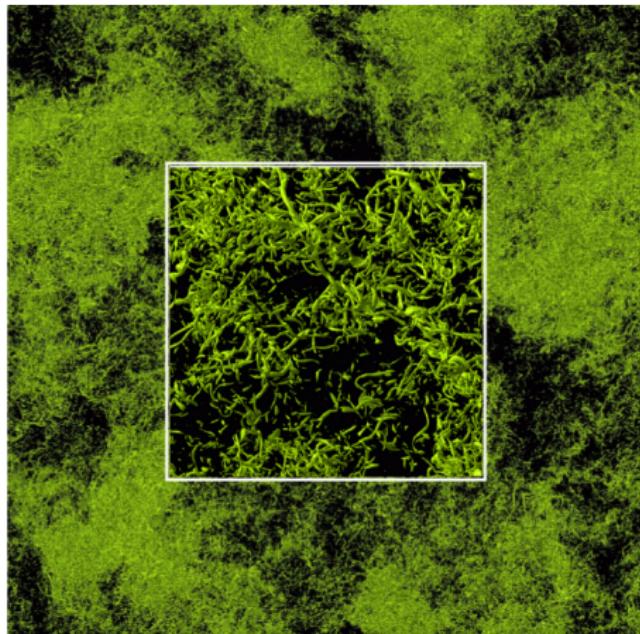
- Forward energy flux



- Kolmogorov Energy Spectrum



# 3D Turbulence vs 2D Turbulence



## 2D Navier Stokes, $u_z = 0$ , $\partial_z \mathbf{u} = 0$

$$\partial_t \mathbf{w} = \nabla \times (\mathbf{u} \times \mathbf{w}) + \nu \nabla^2 \mathbf{w} + \nabla \times \mathbf{f}$$

$$u_z = 0, \quad \partial_z \mathbf{u} = 0, \quad \Rightarrow w_x = w_y = 0$$

$$\partial_t w_z = \partial_x (\mathbf{u} \times \mathbf{w})_y - \partial_y (\mathbf{u} \times \mathbf{w})_x + \nu \nabla^2 w_z + (\nabla \times \mathbf{f})_z$$

$$\partial_t w_z = \partial_x (-u_x w_z) - \partial_y (u_y w_z) + \nu \nabla^2 w_z + f_w$$

$$\partial_t w_z = -u_x \partial_x w_z - w_z \partial_x u_x - u_y \partial_y w_z - w_z \partial_y u_y + \nu \nabla^2 w_z + f_w$$

$$\partial_t w_z + u_x \partial_x w_z + u_y \partial_y w_z = -w_z (\partial_x u_x + \partial_y u_y) + \nu \nabla^2 w_z + f_w$$

$$\partial_t w_z + \mathbf{u} \cdot \nabla w_z = -w_z (\nabla \cdot \mathbf{u}) + \nu \nabla^2 w_z + f_w$$

$$\boxed{\partial_t w_z + \mathbf{u} \cdot \nabla w_z = \nu \nabla^2 w_z + f_w}$$

## 2D Navier Stokes, Stream function formulation

$$\boxed{\partial_t w_z + \mathbf{u} \cdot \nabla w_z = \nu \nabla^2 w_z + f_w}$$

Set  $u_x = \partial_y \psi$ ,  $u_y = -\partial_x \psi$  so that  $\nabla \cdot \mathbf{u} = \partial_x \partial_y \psi - \partial_y \partial_x \psi = 0$

$$\begin{aligned} w_z &= \partial_x u_y - \partial_y u_x \\ &= -\partial_x \partial_x \psi - \partial_y \partial_y \psi \\ &= -\nabla^2 \psi \end{aligned}$$

$$\partial_t \nabla^2 \psi - \partial_y \psi \partial_x \nabla^2 \psi + \partial_x \psi \partial_y \nabla^2 \psi = \nu \nabla^2 \nabla^2 \psi - f_w$$

$$\boxed{\partial_t \nabla^2 \psi + J(\psi, \nabla^2 \psi) = \nu \nabla^2 \nabla^2 \psi - f_w}$$

# Energy Conservation

$$\langle \psi \partial_t \nabla^2 \psi \rangle - \langle \psi \partial_y \psi \partial_x \nabla^2 \psi \rangle + \langle \psi \partial_x \psi \partial_y \nabla^2 \psi \rangle = \nu \langle \psi \nabla^2 \nabla^2 \psi \rangle - \langle \psi f_w \rangle$$

$$\begin{aligned} -\frac{1}{2} \frac{d}{dt} \langle \nabla \psi \cdot \nabla \psi \rangle - \frac{1}{2} \langle \partial_y \psi^2 \partial_x \nabla^2 \psi \rangle + \frac{1}{2} \langle \partial_x \psi^2 \partial_y \nabla^2 \psi \rangle \\ = \nu \langle \nabla^2 \psi \nabla^2 \psi \rangle - \langle \psi f_w \rangle \end{aligned}$$

$$\begin{aligned} -\frac{1}{2} \frac{d}{dt} \langle |\nabla \psi|^2 \rangle + \frac{1}{2} \cancel{\langle \psi^2 \partial_y \partial_x \nabla^2 \psi \rangle} - \frac{1}{2} \cancel{\langle \psi^2 \partial_x \partial_y \nabla^2 \psi \rangle} \\ = \nu \langle |\nabla^2 \psi|^2 \rangle - \langle \psi f_w \rangle \end{aligned}$$

$$\boxed{\frac{1}{2} \frac{d}{dt} \langle |\nabla \psi|^2 \rangle = -\nu \langle |\nabla^2 \psi|^2 \rangle + \langle \psi f_w \rangle}$$

# Energy Conservation

$$\boxed{\frac{1}{2} \frac{d}{dt} \langle |\nabla \psi|^2 \rangle = -\nu \langle |\nabla^2 \psi|^2 \rangle + \langle \psi f_w \rangle}$$

$$\boxed{\frac{d}{dt} \mathcal{E} = -\epsilon + \mathcal{I}_{\mathcal{E}}}$$

where

$$\mathcal{E} = \frac{1}{2} \langle |\mathbf{u}|^2 \rangle = \frac{1}{2} \langle \psi w_z \rangle = \frac{1}{2} \langle |\nabla \psi|^2 \rangle$$

$$\epsilon = \nu \langle |\nabla^2 \psi|^2 \rangle = \nu \langle w_z^2 \rangle$$

$$\mathcal{I}_{\mathcal{E}} = \langle \psi f_w \rangle = \langle \mathbf{u} \cdot \mathbf{f} \rangle$$

# Enstrophy Conservation

$$\partial_t w_z + \mathbf{u} \cdot \nabla w_z = \nu \nabla^2 w_z + f_w$$

$$\langle w_z \partial_t w_z \rangle + \langle w_z \mathbf{u} \cdot \nabla w_z \rangle = \nu \langle w_z \nabla^2 w_z \rangle + \langle w_z f_w \rangle$$

$$\boxed{\frac{1}{2} \frac{d}{dt} \langle w_z^2 \rangle = -\nu \langle |\nabla w_z|^2 \rangle + \langle w_z f_w \rangle}$$

$$\boxed{\frac{d}{dt} \Omega = -\eta + \mathcal{I}_\Omega}$$

where

$$\Omega = \frac{1}{2} \langle w_z^2 \rangle \quad \text{Enstrophy}$$

$$\eta = \nu \langle |\nabla w_z|^2 \rangle \quad \text{Enstrophy dissipation}$$

$$\mathcal{I}_\Omega = \langle w_z f_w \rangle \quad \text{Enstrophy injection}$$

# An infinity of invariants

In fact for any function  $F(w_z)$  for which

$$F'(w) = \frac{dF}{dw} \quad \text{we have}$$

$$\langle F'(w_z) \partial_t w_z \rangle + \langle F'(w_z) \mathbf{u} \cdot \nabla w_z \rangle = \nu \langle F'(w_z) \nabla^2 w_z \rangle + \langle F'(w_z) f_w \rangle$$

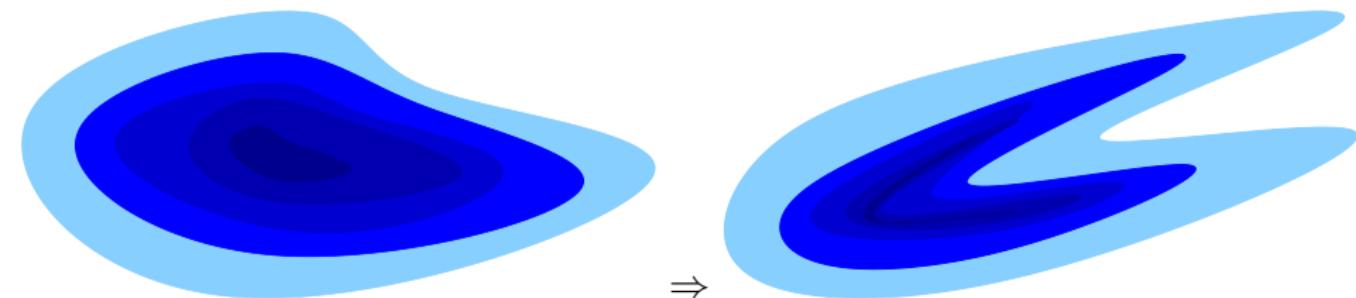
$$\frac{d}{dt} \langle F(w_z) \rangle + \cancel{\langle \mathbf{u} \cdot \nabla F(w_z) \rangle} = -\nu \langle \nabla F'(w_z) \cdot \nabla w_z \rangle + \langle F'(w_z) f_w \rangle$$

$$\frac{d}{dt} \langle F(w_z) \rangle = -\nu \langle F''(w_z) |\nabla w_z|^2 \rangle + \langle F'(w_z) f_w \rangle$$

# An infinity of invariants

For  $\nu = 0$   $f_w = 0$

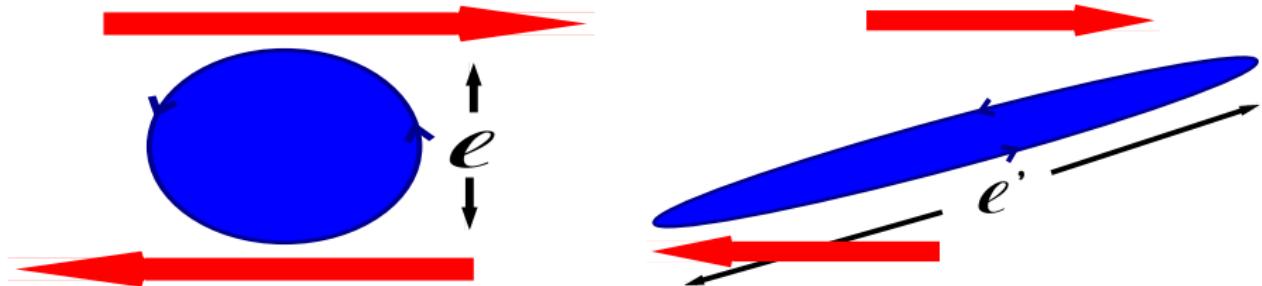
$$\frac{d}{dt} \langle F(w_z) \rangle = 0$$



- The flow will move every infinitesimal area element without changing its area nor its vorticity.

# Vortex shearing

Consider a vortex patch of size  $\ell$  sheared by a larger scale eddy:



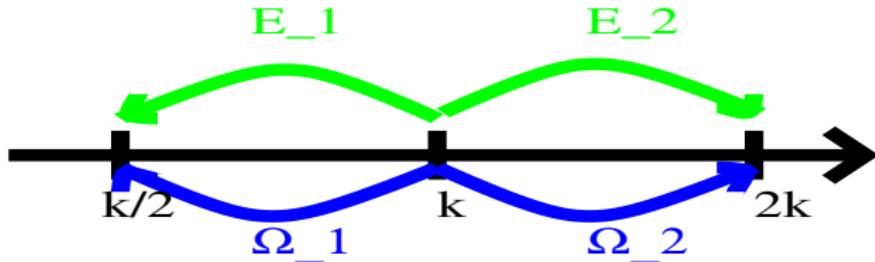
$$\ell \rightarrow \ell' \gg \ell$$

$$\int w \, d^2x = \oint \mathbf{u} d\ell \quad \Rightarrow \quad u_\ell \ell = u'_\ell \ell'$$

$$u'_\ell \propto u_\ell \frac{\ell}{\ell'}$$

# Three modes

Consider the transfer of energy and enstrophy between three modes



$$\Omega_k = k^2 E_k, \quad \Omega_{k/2} = k^2 / 4 E_{k/2}, \quad \Omega_{2k} = 4 k^2 E_{2k}$$

$$\Omega_k = \Omega_{k/2} + \Omega_{2k}, \quad E_k = E_{k/2} + E_{2k}$$

$$k^2 E_k = \frac{1}{4} k^2 E_{k/2} + 4 k^2 E_{2k}, \quad E_k = E_{k/2} + E_{2k}$$

$$E_{k/2} = \frac{4}{5} E_k, \quad E_{2k} = \frac{1}{5} E_k$$

$$\Omega_{k/2} = \frac{1}{5} \Omega_k, \quad \Omega_{2k} = \frac{4}{5} \Omega_k$$

# Implications of vorticity Conservation

No finite dissipation theorem Let

- $\mathcal{I}_{\mathcal{E}} = \langle \psi f_w \rangle$  The energy injection rate (at wavenumber  $k_f$ )
- $\mathcal{I}_{\Omega} = \langle w_z f_w \rangle$  The enstrophy injection rate
- $\epsilon = \nu \langle w_z^2 \rangle$  the energy dissipation rate
- $\eta = \nu \langle |\nabla w_z|^2 \rangle$  the enstrophy dissipation rate (palinstrophy)

We have

$$\mathcal{I}_{\Omega} = \sum_{\mathbf{k}} \tilde{f}_{w\mathbf{k}}^* \tilde{w}_{\mathbf{k}} = \sum_{\mathbf{k}} \tilde{f}_{w\mathbf{k}}^* |\mathbf{k}|^2 \tilde{\psi}_{\mathbf{k}} = k_f^2 \sum_{\mathbf{k}} \tilde{f}_{w\mathbf{k}}^* \tilde{\psi}_{\mathbf{k}} = k_f^2 \mathcal{I}_{\mathcal{E}}$$

and from energy and enstrophy balance

$$\eta = \mathcal{I}_{\Omega} = k_f^2 \mathcal{I}_{\mathcal{E}} = k_f^2 \epsilon$$

# Implications of vorticity Conservation

No finite dissipation theorem

$$\begin{aligned}\eta &= \mathcal{I}_\Omega \\&= k_f^2 \mathcal{I}_{\mathcal{E}} \\&= k_f^2 \epsilon \\&= k_f^2 \nu \langle w_z^2 \rangle \\&= k_f^2 \nu \langle \nabla \times \mathbf{u} \cdot \mathbf{w} \rangle \\&= k_f^2 \nu \langle \mathbf{u} \cdot \nabla \times \mathbf{w} \rangle \\&\leq k_f^2 \nu \langle |\mathbf{u}|^2 \rangle^{1/2} \langle |\nabla \times \mathbf{w}|^2 \rangle^{1/2} \\&= k_f^2 \nu^{1/2} (2\mathcal{E})^{1/2} (\nu \langle |\nabla \mathbf{w}|^2 \rangle)^{1/2} \\&= k_f^2 \nu^{1/2} (2\mathcal{E})^{1/2} \eta^{1/2}\end{aligned}$$

$$\eta \leq k_f^2 \nu^{1/2} (2\mathcal{E})^{1/2} \eta^{1/2}$$

# Implications of vorticity Conservation

No finite dissipation theorem

$$\eta \leq k_f^2 \nu^{1/2} (2\mathcal{E})^{1/2} \eta^{1/2}$$

$$k_f^2 \epsilon = \eta \leq 2k_f^4 \nu \mathcal{E}$$

- $\lim_{\nu \rightarrow 0} \frac{\epsilon}{\mathcal{E}^{3/2} k_f} \leq \lim_{\nu \rightarrow 0} \frac{2\nu k_f^4 \mathcal{E}}{\mathcal{E}^{3/2} k_f} = 0, \quad \text{No finite energy dissipation}$
- $\lim_{\nu \rightarrow 0} \frac{\eta}{\mathcal{E}^{3/2} k_f^3} = \lim_{\nu \rightarrow 0} \frac{2\nu k_f^2 \mathcal{E}}{\mathcal{E}^{3/2} k_f^3} = 0, \quad \text{No finite enstrophy dissipation}$

# A dual cascade

$$\partial_t w + \mathbf{u} \cdot \nabla w = \nu \nabla^2 w - \alpha w + f_w$$

$$\frac{1}{2} \frac{d}{dt} \langle |\nabla \psi|^2 \rangle = -\nu \langle |\nabla^2 \psi|^2 \rangle - \alpha \langle |\nabla \psi|^2 \rangle + \langle \psi f_w \rangle$$

$$\boxed{\frac{d}{dt} \mathcal{E} = -\epsilon_\nu - \epsilon_\alpha + \mathcal{I}_{\mathcal{E}}}$$

and

$$\frac{1}{2} \frac{d}{dt} \langle w^2 \rangle = -\nu \langle |\nabla w|^2 \rangle - \alpha \langle w^2 \rangle + \langle w f_w \rangle$$

$$\boxed{\frac{d}{dt} \Omega = -\eta_\nu - \eta_\alpha + \mathcal{I}_\Omega}$$

(Note  $\eta_\nu \neq k_f^2 \epsilon_\nu$  that was used before)

# A dual cascade

$$\partial_t w + \mathbf{u} \cdot \nabla w = \nu \nabla^2 w - \alpha w + f_w$$

$$\frac{1}{2} \frac{d}{dt} \langle |\nabla \psi_k^<|^2 \rangle - \langle \psi_k^< \mathbf{u} \cdot \nabla w \rangle = -\nu \langle |\nabla^2 \psi_k^<|^2 \rangle + \alpha \langle |\nabla \psi_k^<|^2 \rangle + \langle \psi^< f_w \rangle$$

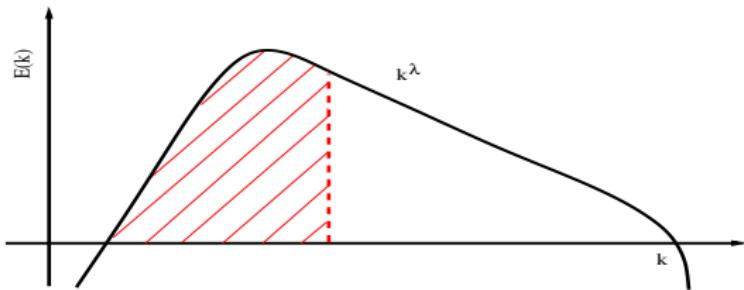
$$\boxed{\frac{d}{dt} \mathcal{E}^<(k) + \Pi_{\mathcal{E}}(k) = -\epsilon_{\nu}^<(k) - \epsilon_{\alpha}^<(k) + \mathcal{I}_{\mathcal{E}}^<(k)}$$

and

$$\frac{1}{2} \frac{d}{dt} \langle |w_k^<|^2 \rangle + \langle w^< \mathbf{u} \cdot \nabla w \rangle = -\nu \langle |\nabla w^<|^2 \rangle - \alpha \langle |w^<|^2 \rangle + \langle w^< f_w \rangle$$

$$\boxed{\frac{d}{dt} \Omega^<(k) + \Pi_{\Omega}(k) = -\eta_{\nu}^<(k) - \eta_{\alpha}^<(k) + \mathcal{I}_{\Omega}^<(k)}$$

# A dual cascade



$$\epsilon_\alpha^<(k) = \alpha \int_0^k E(k') dk', \quad \epsilon_\nu^<(k) = \nu \int_0^k E(k') k^2 dk',$$

$$\eta_\alpha^<(k) = \alpha \int_0^k E(k') k^2 dk', \quad \eta_\nu^<(k) = \nu \int_0^k E(k') k^4 dk'$$

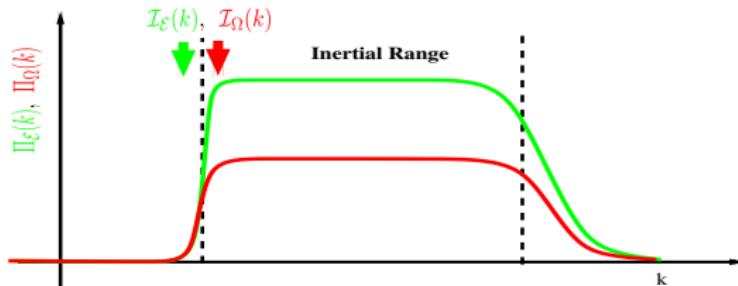
if  $\lambda < 0$  then  $\epsilon_\alpha^<(k)$  is dominated by small  $k$

if  $\lambda > -3$  then  $\epsilon_\nu^<(k)$  and  $\eta_\alpha^<(k)$  are dominated by large  $k$

if  $\lambda < -1$  then  $\eta_\nu^<(k)$  is dominated by large  $k$

# A dual cascade

Suppose  $\mathcal{E}, \Omega$  both cascade forward, with  $\epsilon_\nu$  and  $\eta_\nu$  finite in the limit  $\nu \rightarrow 0$ .



For  $k$  in the inertial range we have

$$\Pi_{\mathcal{E}}(k) = \epsilon_\nu$$

$$\Pi_{\Omega}(k) = \eta_\nu$$

# A dual cascade

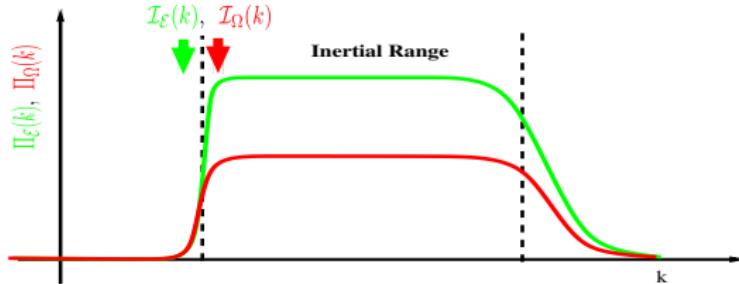
For  $k$  in the inertial range we have

$$\begin{aligned}\Pi_{\mathcal{E}}(k) &= \epsilon_{\nu} \\ &= \nu \sum_{q=0}^{\infty} q^2 E(q) \\ &\simeq \nu \sum_{q=k}^{\infty} q^2 E(q) \\ &\leq \nu k^{-2} \sum_{q=k}^{\infty} q^4 E(q) \\ &= k^{-2} \eta_{\nu}\end{aligned}$$

$$\Pi_{\mathcal{E}}(k) \leq k^{-2} \eta_{\nu}$$

# A dual cascade

Suppose  $\mathcal{E}, \Omega$  both cascade forward, with  $\epsilon_\nu$  and  $\eta_\nu$  finite in the limit  $\nu \rightarrow 0$ .



For  $k$  in the inertial range we have

$$\Pi_{\mathcal{E}}(k) \leq k^{-2} \eta_\nu$$

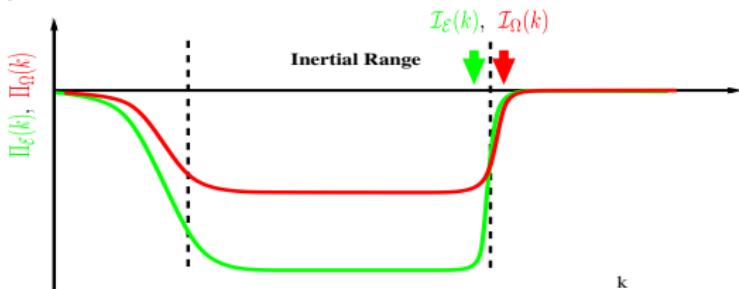
When we take the limit

$$\lim_{k \rightarrow \infty} \lim_{\nu \rightarrow 0} \Pi_{\mathcal{E}}(k) = 0$$

We can not have a forward Energy and Enstrophy cascade!

# A dual cascade

Suppose  $\mathcal{E}, \Omega$  both cascade Inversely, with  $\epsilon_\alpha$  and  $\eta_\alpha$  finite in the limit  $\alpha \rightarrow 0$ .



For  $k$  in the inertial range we have

$$\Pi_{\mathcal{E}}(k) = -\epsilon_\nu$$

$$\Pi_{\Omega}(k) = -\eta_\nu$$

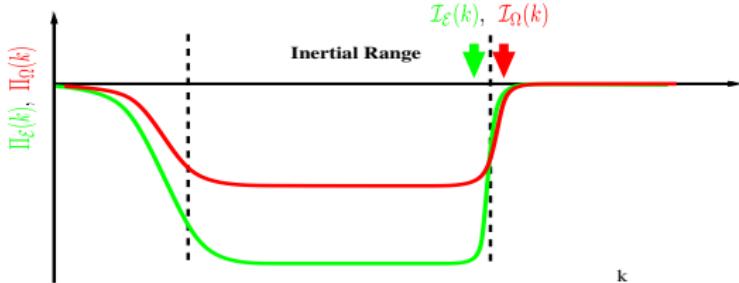
# A dual cascade

For  $k$  in the inertial range we have

$$\begin{aligned} |\Pi_\Omega(k)| &= \eta_\alpha \\ &= \alpha \sum_{q=0}^{\infty} q^2 E(q) \\ &\simeq \alpha \sum_{q=0}^k q^2 E(q) \\ &\leq \alpha k^2 \sum_{q=k}^{\infty} E(q) \\ &= k^2 \epsilon_\alpha \end{aligned}$$
$$|\Pi_\Omega(k)| \leq k^2 \epsilon_\alpha$$

# A dual cascade

Suppose  $\mathcal{E}, \Omega$  both cascade Inversely, with  $\epsilon_\alpha$  and  $\eta_\alpha$  finite in the limit  $\alpha \rightarrow 0$ .



For  $k$  in the inertial range we have

$$|\Pi_\Omega(k)| \leq \nu k^2 \epsilon_\alpha$$

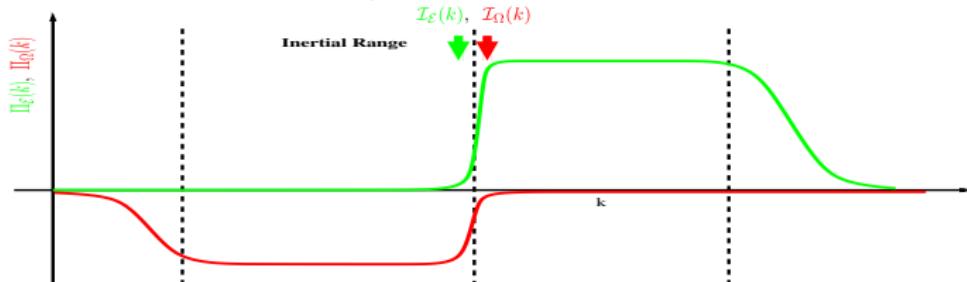
When we take the limit

$$\lim_{k \rightarrow 0} \lim_{\alpha \rightarrow 0} \Pi_\Omega(k) = 0$$

We can not have an inverse Energy and Enstrophy cascade!

# A dual cascade

Suppose  $\mathcal{E}$  cascades forward, with  $\epsilon_\nu$  finite in the limit  $\nu \rightarrow 0$  and  $\Omega$  cascades inversely, with  $\eta_\alpha$  finite in the limit  $\alpha \rightarrow 0$  and



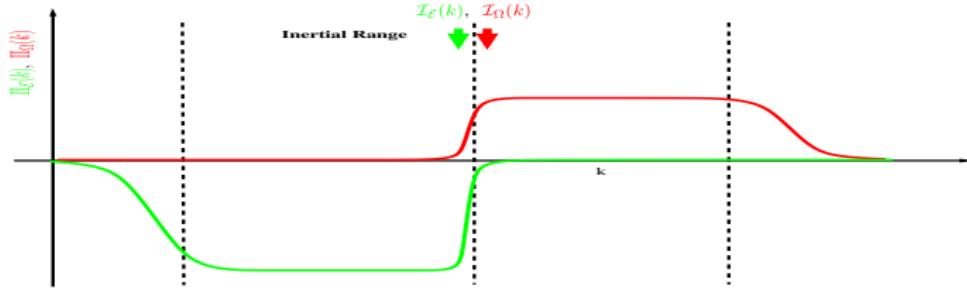
For  $k$  in the inverse inertial range  $\eta_\alpha \leq k^{-2}\epsilon_\alpha$

For  $k$  in the forward inertial range  $\epsilon_\nu \leq k^2\eta_\nu$

We can not have inverse Enstrophy and forward Energy cascade!

# A dual cascade

Forward Enstrophy and Inverse Energy cascade is the only option!



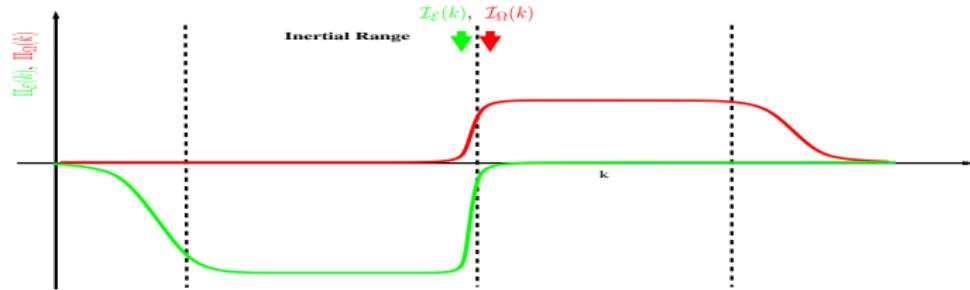
$$\Pi_\Omega(k) = \lim_{\nu \rightarrow 0} \eta_\nu, \quad \text{Finite}$$

$$\Pi_E(k) = \lim_{\nu \rightarrow 0} \epsilon_\nu = 0$$

$$\Pi_\Omega(k) = \lim_{\alpha \rightarrow 0} \eta_\alpha = 0$$

$$\Pi_E(k) = \lim_{\alpha \rightarrow 0} \epsilon_\alpha, \quad \text{Finite}$$

# Forward Enstrophy cascade

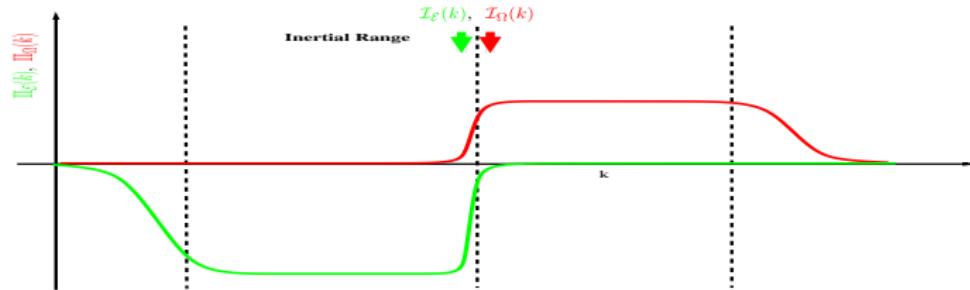


$$\Pi_\Omega(k) = \lim_{\nu \rightarrow 0} \eta_\nu, \quad \text{Finite}$$

$$\Pi_\Omega(k) = \langle w_k^< \mathbf{u} \cdot \nabla w \rangle \propto \frac{u_\ell w_\ell^2}{\ell} \propto \frac{u_\ell^3}{\ell^3} = \eta_\nu > 0$$

$$u_\ell \propto \eta_\nu^{1/3} \ell, \quad E(k) \propto \frac{u_\ell^2}{k} \propto \eta_\nu^{2/3} k^{-3}$$

# Forward Enstrophy cascade



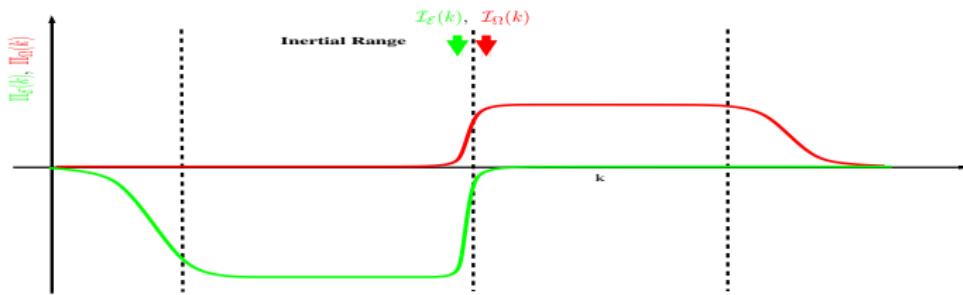
$$\Pi_\Omega(k) = \lim_{\nu \rightarrow 0} \eta_\nu, \quad \text{Finite}$$

More precisely

- $\langle \delta u_{||}^3 \rangle = \frac{1}{8} \eta_\nu r^3$
- $E(k) \propto \eta_\nu^{2/3} k^{-3} \log^{-1/3}(k/k^*)$

See: R.H. Kraichnan, J. Fluid Mech. 47 (3) (1971) 525-535. D. Bernard, Phys. Rev. E 60 (5) (1999) 6184. E. Lindborg, J. Fluid Mech. 388 (1999) 259-288. V. Yakhot, Phys. Rev. E 60 (5) (1999) 5544.

# Forward Enstrophy cascade



$$\Pi_\Omega(k) = \lim_{\nu \rightarrow 0} \eta_\nu, \quad \text{Finite}$$

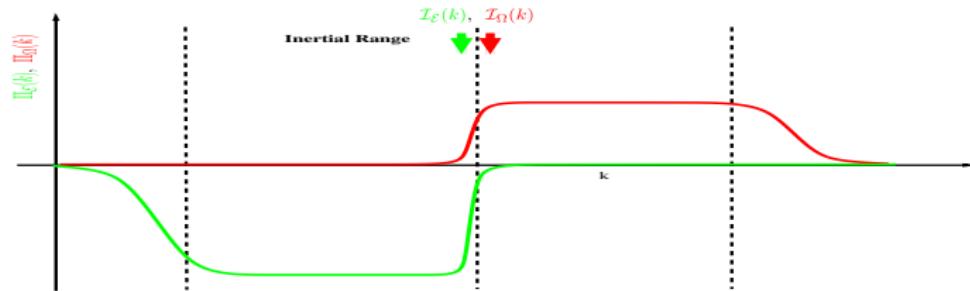
Vorticity dissipation scale  $\ell_\nu$

$$\nu \frac{u_\ell^2}{\ell_\nu^4} \propto \eta_\nu \quad \Rightarrow \quad \nu \frac{\eta_\nu^{2/3} \ell_\nu^2}{\ell_\nu^4} \propto \eta_\nu$$

$$\boxed{\ell_\nu \propto \nu^{1/2} \eta_\nu^{-1/6}}$$

$$\boxed{k_\nu \propto \nu^{-1/2} \eta_\nu^{1/6}}$$

# Inverse Energy Cascade



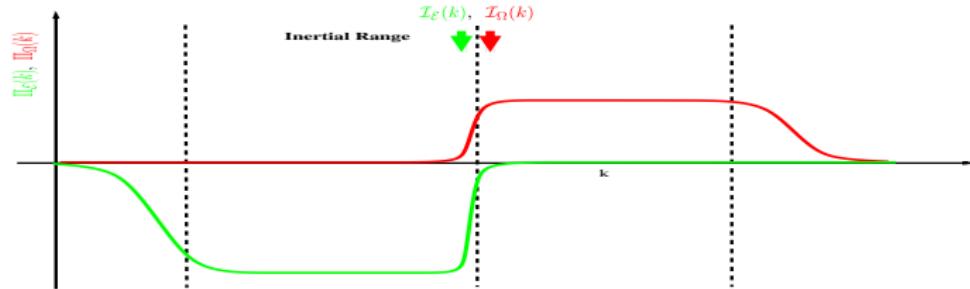
$$\Pi_{\mathcal{E}}(k) = \lim_{\alpha \rightarrow 0} \epsilon_{\alpha}, \quad \text{Finite}$$

$$\Pi_{\mathcal{E}}(k) = \langle \psi_k^{\leq} \mathbf{u} \cdot \nabla w \rangle \propto \frac{u_{\ell}^3}{\ell} = \eta_{\nu} > 0$$

$$u_{\ell} \propto \epsilon_{\alpha}^{1/3} \ell^{1/3}, \quad \boxed{E(k) \propto \frac{u_{\ell}^2}{k} \propto \epsilon_{\alpha}^{2/3} k^{-5/3}}$$

$$\boxed{\langle \delta u_{\parallel}^3 \rangle = \frac{2}{3} \epsilon_{\alpha} r}$$

# Inverse Energy cascade



$$\Pi_{\mathcal{E}}(k) = \lim_{\alpha \rightarrow 0} \epsilon_{\alpha}, \quad \text{Finite}$$

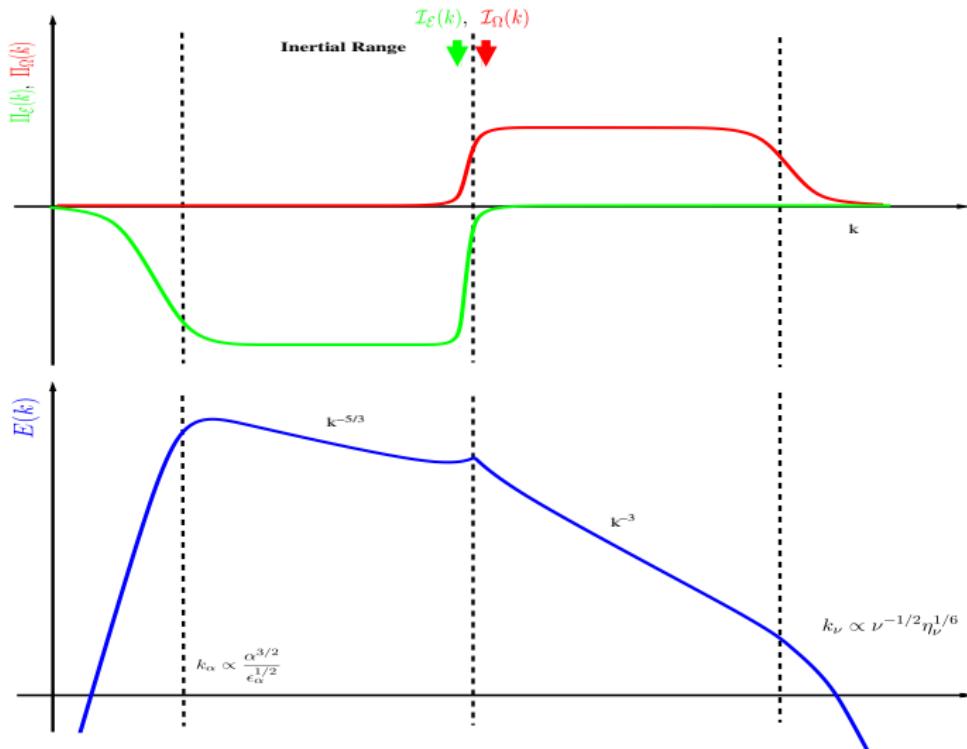
Drag energy dissipation scale  $\ell_{\alpha}$

$$\alpha u_{\ell}^2 \propto \epsilon_{\alpha} \quad \Rightarrow \quad \alpha \left( \epsilon_{\alpha}^{1/3} \ell_{\alpha}^{1/3} \right)^2 \propto \epsilon_{\alpha}$$

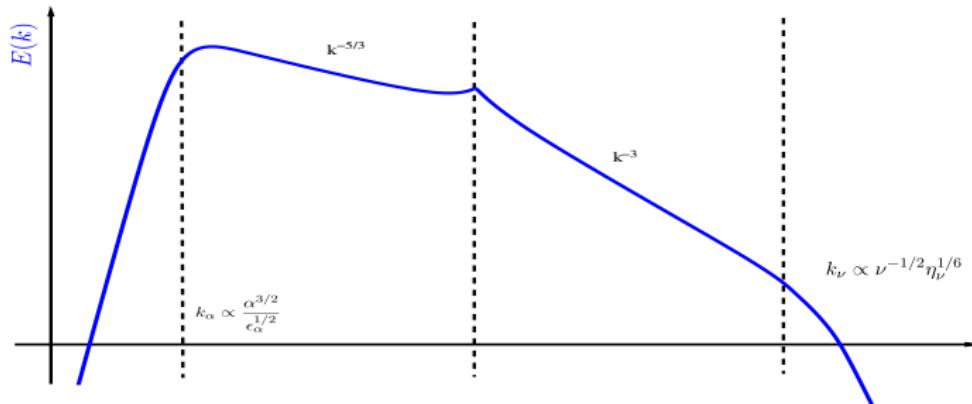
$$\ell_{\alpha} \propto \frac{\epsilon_{\alpha}^{1/2}}{\alpha^{3/2}}$$

$$k_{\alpha} \propto \frac{\alpha^{3/2}}{\epsilon_{\alpha}^{1/2}}$$

# Dual energy cascade in 2D



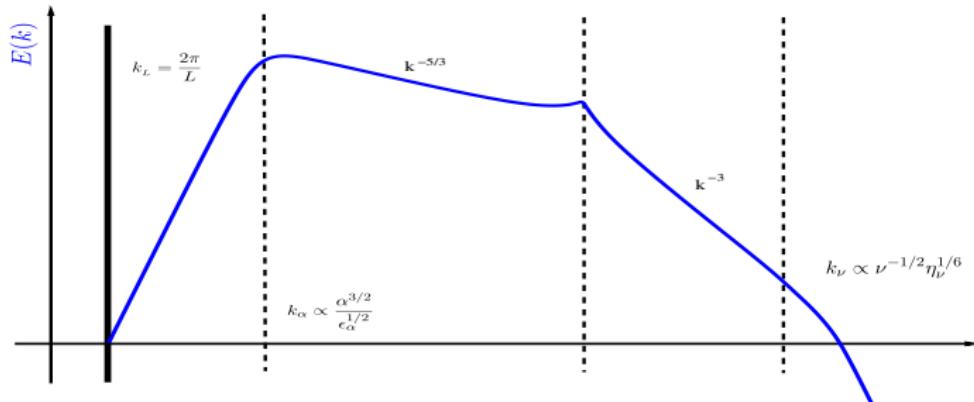
# Dual energy cascade in 2D



- $\eta_{\nu} = \mathcal{O}(1)$
- $\epsilon_{\alpha} = \mathcal{O}(1)$
- $\epsilon_{\nu} \propto \nu u_{\ell}^2 / \ell_{\nu}^2 \propto \eta_{\nu} \ell_{\nu}^2 = \nu \eta_{\nu}^{2/3} \ll \mathcal{O}(1)$
- $\eta_{\alpha} \propto \alpha u_{\ell}^2 / \ell_{\alpha}^2 \propto \epsilon_{\alpha} / \ell_{\alpha}^2 = \alpha^3 \ll \mathcal{O}(1)$

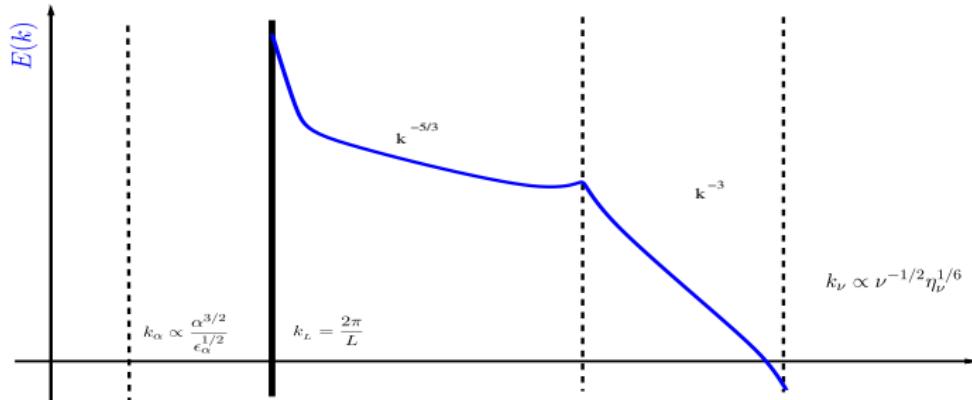
# Finite Domains $L$

What happens when  $\ell_\alpha > L$ ?



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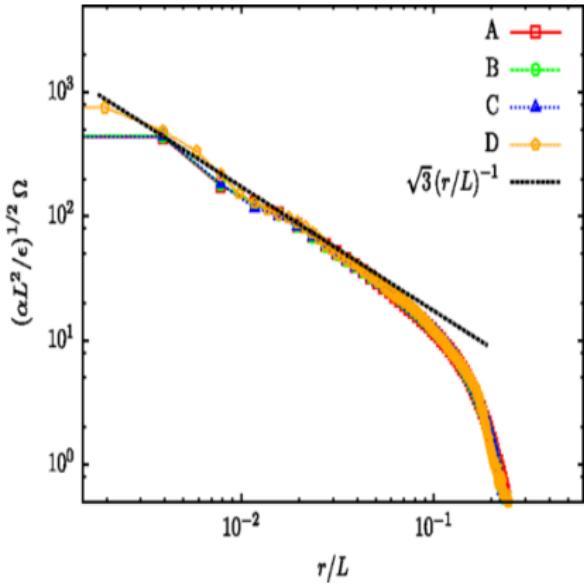
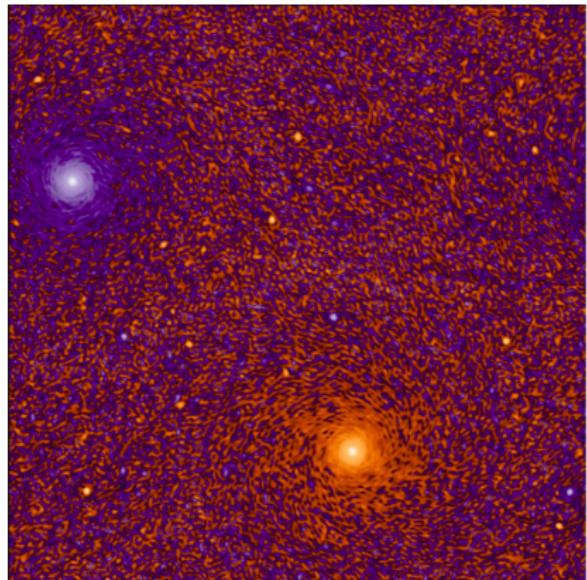


A spectral condensate! if  $\alpha = 0$

$$\mathcal{I}_{\mathcal{E}} = \nu \frac{U^2}{L^2} \quad \Rightarrow \quad U^2 \propto \frac{\mathcal{I}_{\mathcal{E}} L^2}{\nu}$$

$$\eta_{\nu}^< = \nu \frac{U^2}{L^4} = \frac{\mathcal{I}_{\mathcal{E}}}{L^2} = \mathcal{I}_{\Omega} \frac{\ell_f^2}{L^2} = \mathcal{O}(1)$$

# Condensate



$$\bar{w} \propto 1/r$$



Thank you  
for your attention!